CLAIMS:

1. A nonwoven fabric sheet characterized by having a porosity in the range of 0.3 to 0.7 and a maximum pore size in the range of 0.5 μm to 5.0 μm.

2. The nonwoven fabric sheet according to Claim 1, wherein the maximum pore size (μm)/average pore size (μm) ratio is 1.30 or lower.

3. The nonwoven fabric sheet according to Claim 1, wherein the fiber constituting the nonwoven fabric is a polyolefin fiber.

4. The nonwoven fabric sheet according to Claim 3, wherein the polyolefin is a polymer of 4-methylpentene-1.

5. A laminate comprising the nonwoven fabric sheet according to any one of Claims 1 to 5 and a strength retention material laminated thereon.

6. A method of producing a nonwoven fabric sheet characterized by molding a thermoplastic resin by a melt-blown method into a resin molded article in nonwoven fabric form; and subsequently press-molding said resin molded article in nonwoven fabric form with an elastic pressing means having a Young's modulus of 20 kg/cm2 to 600 kg/cm2 at a temperature lower than the melting point of the thermoplastic resin.

7. The method of producing the nonwoven fabric sheet according to Claim 6, wherein the pressing means has a Young's modulus of 20 kg/cm2 to 300 kg/cm2.

8. A filter, a light diffusion material, a liquid absorber, or a heat insulating material comprising the nonwoven fabric according to Claim 1 or the laminate according to Claim 5.